Lactose Tolerance Test

Glucose 1  83  mg/dL  01
Glucose 2  63  mg/dL  01
Glucose 3  76  mg/dL  01
Glucose 4  78  mg/dL  01
Glucose 5  77  mg/dL  01

Comment:
An increase in plasma glucose greater than 30 mg/dL is normal. Those with lactase deficiency will demonstrate bloating, cramps, and diarrhea, and will show a glucose increase of less than 20 mg/dL. False positive results may occur because of lack of the increase of blood glucose concentration attributable to normal insulin response to the carbohydrate load.