

TEST NAME

Salivary Steroids

Estradiol	1.3	1.3-3.3 pg/mL Premenopausal (Luteal)
Progesterone	81	75-270 pg/mL Premenopausal (Luteal)
Ratio: Pg/E2	62 L	Optimal: 100-500 when E2 1.3-3.3 pg/mL
Testosterone	30	16-55 pg/mL (Age Dependent)
DHEAS	3.9	2-23 ng/mL (Age Dependent)
Cortisol	5.9	3.7-9.5 ng/mL (morning)
Cortisol	1.9	1.2-3.0 ng/mL (noon)
Cortisol	0.7	0.6-1.9 ng/mL (evening)
Cortisol	0.8	0.4-1.0 ng/mL (night)

<dl = Less than the detectable limit of the lab. N/A = Not applicable; 1 or more values used in this calculation is less than the detectable limit. H = High. L = Low.

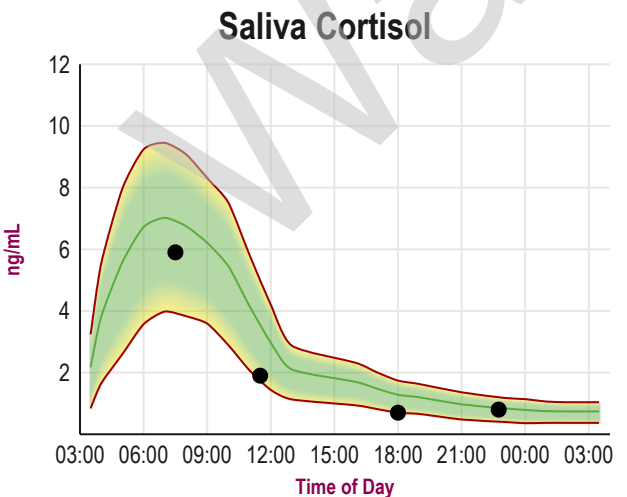
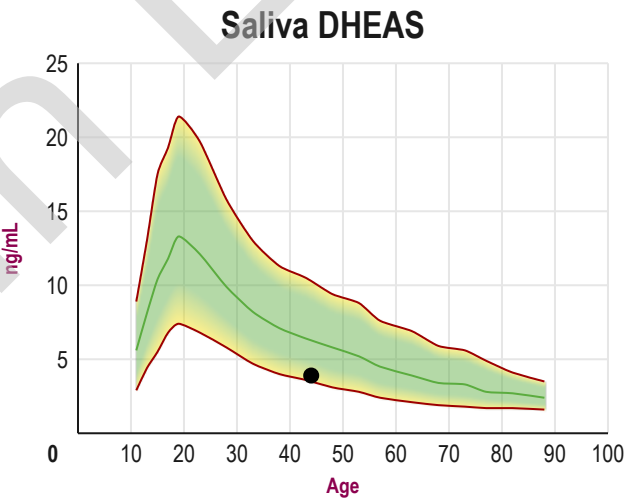
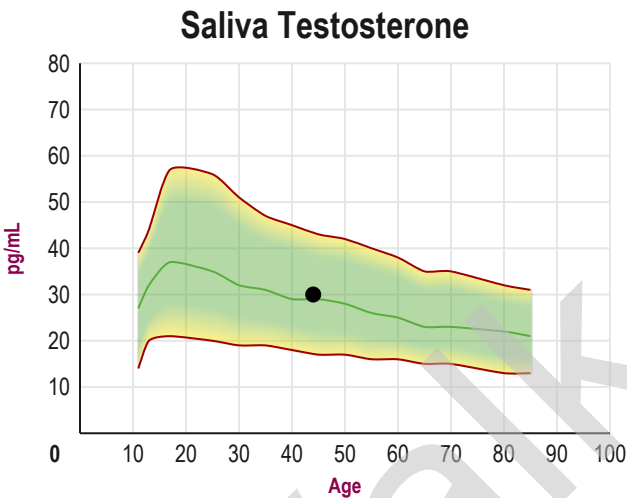
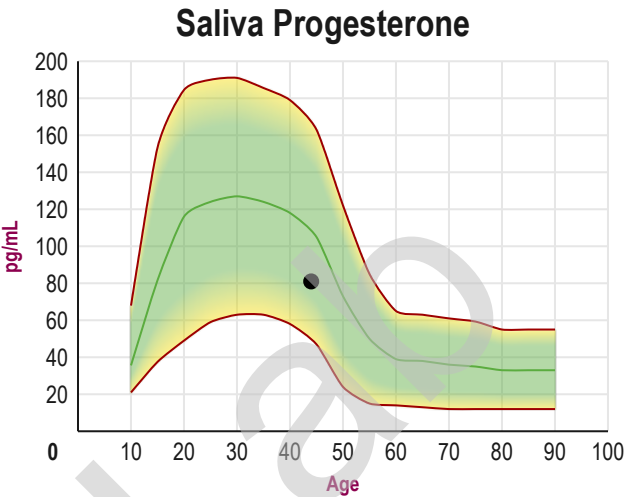
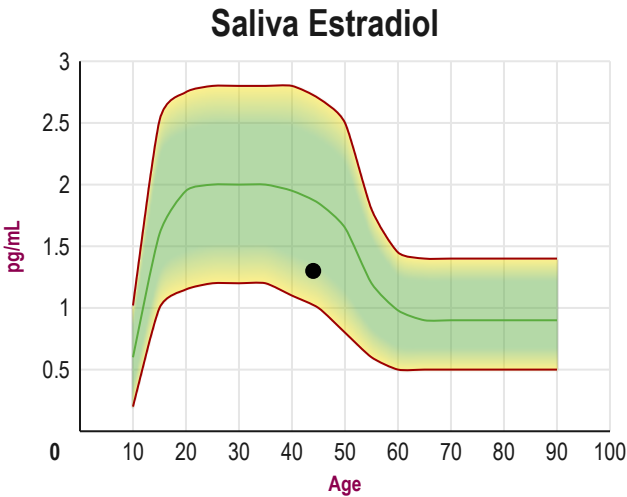
Therapies

None Indicated

Graphs

Disclaimer: Graphs below represent averages for healthy individuals not using hormones. Supplementation ranges may be higher. Please see supplementation ranges and lab comments if results are higher or lower than expected.

Average ▼▲ Off Graph



TEST REPORT | Reference Ranges

Disclaimer: Supplement type and dosage are for informational purposes only and are not recommendations for treatment. For a complete listing of reference ranges, go to www.zrtlab.com/reference-ranges.

TEST NAME	WOMEN
Salivary Steroids	
Estradiol	0.5-1.7 pg/mL Postmenopausal (optimal 1.3-1.7); 1.3-3.3 pg/mL Premenopausal (Luteal); 0.8-12 pg/mL Estrogen Rplcmnt (optimal 1.3-3.3); 0.5-2.2 pg/mL (Synthetic HRT, BC); 0.9-2.5 pg/mL Premenopausal (Follicular); 1.1-4.8 Premeno-Ovulatory (2.0-4.8 optimal)
Progesterone	12-100 pg/mL Postmenopausal; 14-48 pg/mL Premenopausal (Follicular); 75-270 pg/mL Premenopausal (Luteal); 30-300 pg/mL Oral, Troche, SL Progesterone (100-300 mg); 200-3000 pg/mL Topical, Vag Pg (10-30mg); 10-53 pg/mL Synthetic Progestins (HRT, BC); 11-59 pg/ml Premeno-Ovulatory
Ratio: Pg/E2	Optimal: 100-500 when E2 1.3-3.3 pg/mL
Testosterone	16-55 pg/mL (Age Dependent)
DHEAS	2-23 ng/mL (Age Dependent)
Cortisol	3.7-9.5 ng/mL (morning); 1.2-3.0 ng/mL (noon); 0.6-1.9 ng/mL (evening); 0.4-1.0 ng/mL (night)

TEST REPORT | Patient Reported Symptoms

Disclaimer: Symptom Categories below show percent of symptoms self-reported by the patient compared to total available symptoms for each category. For detailed information on category breakdowns, go to www.zrtlab.com/patient-symptoms.

SYMPTOM CATEGORIES		
Estrogen / Progesterone Deficiency	18%	<div></div>
Estrogen Dominance / Progesterone Deficiency	25%	<div></div>
Low Androgens (DHEA/Testosterone)	16%	<div></div>
High Androgens (DHEA/Testosterone)	17%	<div></div>
Low Cortisol	30%	<div></div>
High Cortisol	16%	<div></div>
Hypometabolism	16%	<div></div>
Metabolic Syndrome	11%	<div></div>

SYMPTOM CHECKLIST	MILD	MODERATE	SEVERE
Aches and Pains	<div></div>		
Acne	<div></div>		
ADD/ADHD	<div></div>		
Addictive Behaviors	<div></div>		
Allergies	<div></div>		
Anxious	<div></div>		
Autism Spectrum Disorder	<div></div>		
Bleeding Changes	<div></div>		
Blood Pressure High	<div></div>		
Blood Pressure Low	<div></div>		
Blood Sugar Low	<div></div>		
Body Temperature Cold	<div></div>		
Bone Loss	<div></div>		
Breast Cancer	<div></div>		
Breasts - Fibrocystic	<div></div>		
Breasts - Tender	<div></div>		
Chemical Sensitivity	<div></div>		
Cholesterol High	<div></div>		
Constipation	<div></div>		
Depressed	<div></div>		
Developmental Delays	<div></div>		
Eating Disorders	<div></div>		
Fatigue - Evening	<div></div>		
Fatigue - Morning	<div></div>		
Fibromyalgia	<div></div>		
Foggy Thinking	<div></div>		
Goiter	<div></div>		
Hair - Dry or Brittle	<div></div>		
Hair - Increased Facial or Body	<div></div>		
Hair - Scalp Loss	<div></div>		
Headaches	<div></div>		
Hearing Loss	<div></div>		
Heart Palpitations	<div></div>		
Hoarseness	<div></div>		
Hot Flashes	<div></div>		
Incontinence	<div></div>		
Infertility	<div></div>		
Irritable	<div></div>		
Libido Decreased	<div></div>		
Mania	<div></div>		

SYMPTOM CHECKLIST	MILD	MODERATE	SEVERE
Memory Lapse			
Mood Swings			
Muscle Size Decreased			
Nails Breaking or Brittle			
Nervous			
Night Sweats			
Numbness - Feet or Hands			
OCD			
Panic Attacks			
PreMenstrual Dysphoric Disorder			
Pulse Rate Slow			
Rapid Aging			
Rapid Heartbeat			
Skin Thinning			
Sleep Disturbed			
Stamina Decreased			
Stress			
Sugar Cravings			
Sweating Decreased			
Swelling or Puffy Eyes/Face			
Tearful			
Triglycerides Elevated			
Urinary Urge Increased			
Uterine Fibroids			
Vaginal Dryness			
Water Retention			
Weight Gain - Hips			
Weight Gain - Waist			