

Patient Information	Specimen Information	Client Information

Cardio IQ®

Test Name	Current		Risk/Reference Interval			Units	Historical
	Result & Risk		Optimal	Moderate	High		Result & Risk
	Optimal	Non-Optimal					01/18/2022
HEART FAILURE							
GALECTIN-3	10.3		<17.9	17.9-25.9	>=26.0	ng/mL	8.7

For details on reference ranges please refer to the reference range/comment section of the report.

4myheart Diet & Exercise Coaching Program: Need help achieving and maintaining an optimal weight? Managing stress? Trying to improve physical fitness levels? The 4myheart program provides support and personalized lifestyle guidance to help improve heart health. Please talk to your provider, visit 4myheart.com or call 1-800-432-7889 opt 2 to learn more.

Medical Information For Healthcare Providers: If you have questions about any of the tests in our Cardio IQ offering, please call Client Services at our Quest Diagnostics-Cleveland HeartLab Cardiometabolic Center of Excellence. They can be reached at 866.358.9828, option 1 to arrange a consult with our clinical education team.

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PATIENT PROGRESS SUMMARY

Optimal

Moderate

High

Test Name	05/12/2023	01/18/2022
	(Current)	
HEART FAILURE		
GALECTIN-3	10.3	8.7

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Reference Range/Comments				
Analyte Name	In Range	Out Range	Reference Range	Lab
GALECTIN 3	10.3		<17.9 ng/mL	Z4M
Galectin-3 may be used to help identify individuals at risk of future chronic heart failure due to hypertension. The risk ranges are as follows: low risk <17.9 ng/mL; moderate risk 17.9-25.9 ng/mL; high risk >25.9 ng/mL.				

PERFORMING SITE:

Z4M CLEVELAND HEARTLAB INC, 6701 CARNEGIE AVENUE SUITE 500, CLEVELAND, OH 44103-4623 Laboratory Director: BILL G RICHENDOLLAR,MD, CLIA: 36D1032987