

TEST REPORT

Ordering Provider:
Walk-In Lab

Samples Received

Samples Collected

Report Date

Patient Name:
Patient Phone Number:

| | | |
|--------|--------|-------|
| Gender | Height | Waist |
| DOB | Weight | BMI |

| TEST NAME | RESULTS | RANGE |
|--------------------------|---------|-------------------------|
| Salivary Steroids | | |
| Cortisol | 5.9 | 3.7-9.5 ng/mL (morning) |
| Cortisol | 3.0 | 1.2-3.0 ng/mL (noon) |
| Cortisol | 1.3 | 0.6-1.9 ng/mL (evening) |
| Cortisol | 0.6 | 0.4-1.0 ng/mL (night) |

<dl = Less than the detectable limit of the lab. N/A = Not applicable; 1 or more values used in this calculation is less than the detectable limit. H = High. L = Low.

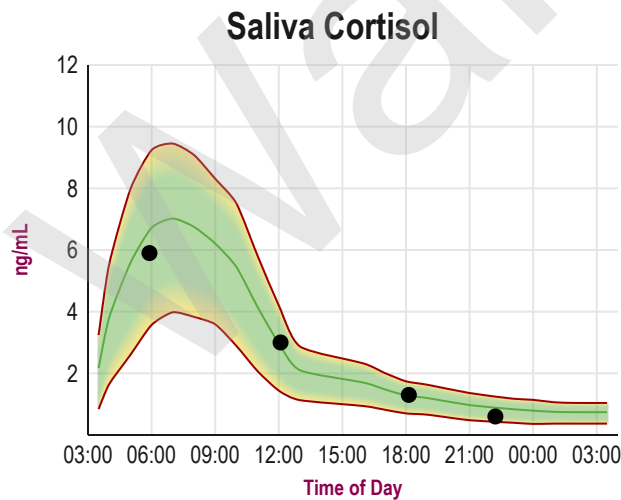
Therapies

None Indicated

Graphs

Disclaimer: Graphs below represent averages for healthy individuals not using hormones. Supplementation ranges may be higher. Please see supplementation ranges and lab comments if results are higher or lower than expected.

— Average ▼▲ Off Graph



The above results and comments are for informational purposes only and are not to be construed as medical advice. Please consult your healthcare practitioner for diagnosis and treatment.

David T. Zava

David T. Zava, Ph.D.
Laboratory Director

AD Miller MD

Disclaimer: Supplement type and dosage are for informational purposes only and are not recommendations for treatment. For a complete listing of reference ranges, go to www.zrtlab.com/reference-ranges.

| TEST NAME | MEN |
|-----------|---|
| Cortisol | 3.7-9.5 ng/mL (morning); 1.2-3.0 ng/mL (noon); 0.6-1.9 ng/mL (evening); 0.4-1.0 ng/mL (night) |

Walk-In Lab

TEST REPORT | Patient Reported Symptoms



Disclaimer: Symptom Categories below show percent of symptoms self-reported by the patient compared to total available symptoms for each category. For detailed information on category breakdowns, go to www.zrtlab.com/patient-symptoms.

| SYMPTOM CATEGORIES | RESULTS |
|--|---------|
| Estrogen / Progesterone Deficiency | 7% |
| Estrogen Dominance / Progesterone Deficiency | 0% |
| Low Androgens (DHEA/Testosterone) | 4% |
| High Androgens (DHEA/Testosterone) | 10% |
| Low Cortisol | 2% |
| High Cortisol | 14% |
| Hypometabolism | 5% |
| Metabolic Syndrome | 0% |

| SYMPTOM CHECKLIST | MILD | MODERATE | SEVERE |
|--------------------------|------|----------|--------|
| Acne | | | |
| ADD/ADHD | | | |
| Addictive Behaviors | | | |
| Aggressive Behavior | | | |
| Allergies | | | |
| Anxious | | | |
| Apathy | | | |
| Autism Spectrum Disorder | | | |
| Blood Pressure High | | | |
| Blood Pressure Low | | | |
| Blood Sugar Low | | | |
| Body Temperature Cold | | | |
| Bone Loss | | | |
| Burned Out Feeling | | | |
| Chemical Sensitivity | | | |
| Cholesterol High | | | |
| Constipation | | | |
| Depressed | | | |
| Developmental Delays | | | |
| Dizzy Spells | | | |
| Eating Disorders | | | |
| Erections Decreased | | | |
| Fatigue - Evening | | | |
| Fatigue - Mental | | | |
| Fatigue - Morning | | | |
| Flexibility Decreased | | | |
| Forgetfulness | | | |
| Goiter | | | |
| Hair - Dry or Brittle | | | |
| Hair or Skin Oily | | | |
| Headaches | | | |
| Hearing Loss | | | |
| Heart Palpitations | | | |
| Hoarseness | | | |
| Hot Flashes | | | |
| Infertility | | | |
| Irritable | | | |
| Joint Pain | | | |
| Libido Decreased | | | |
| Mania | | | |

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