

VEGETABLES / LEGUMES

BROCCOLI BUTTERNUT SQUASH CARROT ICEBERG LETTUCE
STRING BEAN SWEET POTATO TOMATO WHITE POTATO
YELLOW SQUASH

VEGETABLES / LEGUMES

BROCCOLI BUTTERNUT SQUASH CARROT ICEBERG LETTUCE
STRING BEAN SWEET POTATO TOMATO WHITE POTATO
YELLOW SQUASH

FRUITS

BANANA LEMON ORANGE PEAR

FRUITS

BANANA LEMON ORANGE PEAR

MEAT

BEEF PORK TURKEY

MEAT

PORK TURKEY

DAIRY / EGGS

EGG YOLK

DAIRY / EGGS

EGG YOLK

SEAFOOD

TUNA

SEAFOOD

TUNA

GRAINS / STARCHES

CORN RICE (BRWN/WHT)

GRAINS / STARCHES

CORN RICE (BRWN/WHT)

NUTS / OILS AND MISC. FOODS

BAKER'S YEAST CANE SUGAR COCOA MUSTARD SEED
PEANUT VANILLA

NUTS / OILS AND MISC. FOODS

BAKER'S YEAST CANE SUGAR COCOA MUSTARD SEED
PEANUT VANILLA

HERBS / SPICES

BLACK PEPPER

HERBS / SPICES

BLACK PEPPER